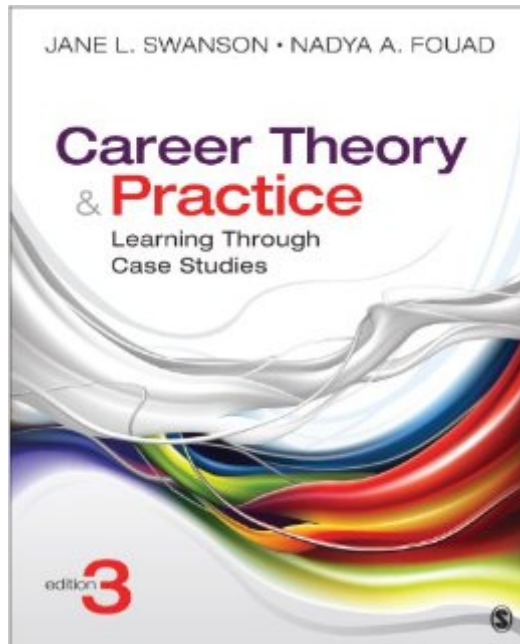


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# Career Theory And Practice: Learning Through Case Studies



## Synopsis

Designed to help readers apply career development theories to their work with career counseling clients, *Career Theory and Practice: Learning Through Case Studies* links major career development and choice theories to a fictional case client. Authors Jane L. Swanson and Nadya A. Fouad use this case study approach throughout the book to provide an integrative thread that illustrates similarities and differences between the featured theories. The Third Edition has been updated and substantially expanded to be a primary text for a graduate course in Career Development and Counseling. "Jane L. Swanson and Nadya A. Fouad do a masterful job of bringing theory to life through the lived stories of actual career clients. I very much appreciated the book's format, the examples, the discussion questions, and the richly developed case examples." "Mary J. Heppner, University of Missouri, Columbia, commenting on the First Edition" "The case study method is very effective. Students can see firsthand how the theories are interpreted and applied. Often they get a better understanding of their own lives and career history." "Anne Zachmeyer, Rochester Institute of Technology" "Theory discussion is complete and usable for students; the quality of the text is strong." "Meredith J. Drew, Centenary College

## Book Information

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## Customer Reviews

Let's face it, you're probably buying this because a professor assigned it, not for light reading. It's great for some theories (Holland, and Social-Cognitive). But for others (Super's Theory, for example), it's completely unintelligible. It's a very dry book, which is to be expected, but it could really do a much better job of illustrating some of the theories and clearly laying out the core components of a theory in bullet form as well as in prose. The case studies are helpful at times, but I dislike their approach of trying to use the same case study for every single theory. There are times when the client's situation calls for certain theoretical approaches and disqualifies others, and that's just the way it is. (If you try and use a trait-and-factor approach when the client's work is causing problems with his/her home life, then that's not going to be terribly helpful). There are smaller case studies in each chapter, however, and those can be helpful. If you have a great professor (like I did) and review a lot of the theories in class, you'll be fine, but if you try and just use this book as your only resource, you'll be disappointed.

Although it's a textbook, this book is highly readable. Really! Weaving case studies into the approaches and theories of career counseling, this book stands out from your average textbook. The content of each chapter is clearly illustrated and effectively driven home by applying it to the case of "Leslie" -- by the end of the book, you'll know her as well as you'll know all the career counseling approaches and theories! The book is thorough in scope, well-written, and well-organized. After providing an overview of career counseling, it looks at several approaches to counseling (gender-aware, feminist, culturally approaches), as well as significant career development theories (Holland's Theory of Vocation Personalities and Work Environments, The Theory of Work Adjustment, Super's Developmental Theory, Gottfredson's Theory of Circumscription, and Social Cognitive Theory). It also has some extra goodies, like sample career assessment profiles, and the NCDA code of ethics. Intended for graduate-level career psychology courses, this book is probably not one you'd just pick up and read for the heck of it. But, if it's your textbook, you're in for a treat as far as textbooks go!

The Kindle version of this book is the 1st edition, not the newer 2nd edition. I paid \$45 for this book and can't use it in my class, since the newer edition has a lot more content than the 1999 edition.

Apparently there is no Kindle version of the 2nd edition. However, the page for the 2nd edition of this book links to the Kindle version of the 1st edition without noting that they are not the same edition. The covers differ but I did not notice in time. The book may be good but it is the wrong one for my class.

I got this for my career counseling class. It's pretty good and a simple read. And the chapters on the different theories make sense. A majority is just case studies. I rented it. I personally think that I would have just sold it back. So if you are getting it for school... rent it.

This text book is more interesting than other textbooks in my opinion. It presented information in a more understandable manner. Also, it followed the case of Leslie, which was intriguing and made me look forward to read what was to come next.

I bought this book for my class. The difference in this book and a textbook is that I enjoyed reading this one. It might be my love for career counseling theories but this book gave great detail and still made it fun enough to read.

Unlike all the other career books I was forced to buy for my class, this one made sense. I thought the case studies were great and helped me to more fully understand the theories and how to apply them to clients. Worth it.

This text book was used during a 3 week winter session class, the case studies in the chapters helped relate the information and made the book appealing to read! It may have been the first text book I actually read out of my entire undergrad and graduate college career!

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